Checklist for Assisting Disabled during an Evacuation

In an emergency, I should be alerted by (check all possible options):

- Visual alarms, if building is equipped.
- Physical contact.
- Turning the lights on and off (flashing lights).
- A written note explaining the emergency.
- Gestures that indicate what is happening and what to do.
- Other: ___________________________________________________________________________

To get to safety, I would need (check all possible options):

- A volunteer to escort and guide me to the nearest evacuation route.
- A volunteer to relay verbal instructions being given through gesture or written note.
- A volunteer to relay environmental warnings and dangers.
- Other: ___________________________________________________________________________

Comments:
________________________________________________________________________________
________________________________________________________________________________

FOR MOBILITY IMPAIRMENTS

From a first-floor location in an emergency, I should be assisted by (check all possible options):

- A volunteer to push my manual wheelchair.
- A volunteer to clear any obstacles obstructing my path to the nearest evacuation route.
- A volunteer to provide assistance while walking or running.
- A volunteer to assist opening doors.
- A volunteer to push me in a chair on roller-wheels.
- Two volunteers to carry me in locked-arm position.
- A team if two or three volunteers to carry me in a sturdy chair, preferably one with arms.
- Other: ___________________________________________________________________________

Comments:
________________________________________________________________________________
________________________________________________________________________________

From an upper-floor, in an emergency, I should be assisted by (check all possible options):

Ambulatory:

- Volunteers to assist me using the stairs, # of volunteers needed:
- Other:
Non-Ambulatory:
- Two volunteers to carry me in locked-arm position.
- If more than three flights, two relay teams of two or three volunteers to carry me in a sturdy chair, preferably one with arms.
- If more than three flights, two relay teams of two or three volunteers to carry me in my manual wheelchair.
- Other:

On a flight of stairs, I should be carried facing:
- Forward,
- Backward,
- If a seatbelt is available, I should be secured with the seat belt before transporting.
- Other:

To transfer me from my wheelchair, volunteers should (list instructions):

After-Care Instructions (following the evacuation):

FOR VISION IMPAIRMENTS
In an emergency, I should be assisted by (check all possible options):
- An auditory alarm, if building is equipped.
- A description of the emergency (the nature of the emergency).
- Precise verbal instructions.
- A volunteer to guide me by my taking his or her elbow. Volunteers: give verbal warning of upcoming steps or other obstacles in the pathway.
- A volunteer to lead the way to the nearest evacuation route.
- Two volunteers to carry me in a locked-arm position or in a chair, if needed.
- If more than three flights of stairs, a relay team may be needed.
- Other:

After-Evacuation Instructions:
- Reorient me to the new location.
- Offer guidance and assistance as needed.
- Other:

Name           Date